

THE 2026 SLU HEALTHY AGING CONFERENCE

JUNE 5-6, 2026

SAINT LOUIS UNIVERSITY
LEARNING RESOURCE CENTER

PROSPECTUS

THE 2026 SLU HEALTHY AGING CONFERENCE

JUNE 5-6, 2026

SAINT LOUIS UNIVERSITY LEARNING RESOURCE CENTER | ST. LOUIS, MO

EXHIBIT HALL:

THURSDAY, JUNE 4

SET UP | 3:00 - 5:00 P.M.

FRIDAY, JUNE 5

SET UP | 7:00 - 7:45 A.M.

BREAKFAST | 7:45 - 8:15 A.M.

LUNCH | 12:00 - 1:00 P.M.

SATURDAY, JUNE 6

BREAK | 10:15 - 10:45 A.M.

LUNCH | 12:00 - 1:00 P.M.

**Exhibit hours are subject to change*

VENUE:

**SAINT LOUIS UNIVERSITY
LEARNING RESOURCE CENTER**

1402 S. GRAND BLVD
ST. LOUIS, MO 63104

IMPORTANT DATES:

COMPANY LOGO

MAY 22, 2026

EMAIL TO : CRISTA.ELLIOTTOLSON@HEALTH.SLU.EDU

BADGE NAMES DUE

MAY 22, 2026

EMAIL TO : CRISTA.ELLIOTTOLSON@HEALTH.SLU.EDU



Exhibit Opportunity

Exhibitor Package Includes:

- (1) Table, (2) Chairs
- Complimentary meals and refreshments as outlined on the agenda
- Recognition during opening and closing remarks.
- On-site signage featuring your organization's logo.
- Registration website featuring your organization's logo.
- Opportunity for up to two organizational representatives to attend and engage with attendees.

\$750/exhibit table



Payment Information

Payments can be made online, check or by ACH.

Online

To make your payment online, please visit [The 2026 SLU Healthy Aging Conference](#) and click on the Exhibitor tab. All major credit cards are accepted.

By check or ACH

Checks should be made payable to the Saint Louis University School of Medicine. Memo should state CME Office.

If an invoice is needed to issue a check or ACH payment, please email the CME office, cme@health.slu.edu.

Our tax ID # is 43-0654872

Checks can be sent by regular mail or by FedEx.

Saint Louis University CME Office

Attn: Amanda Sain

3556 Caroline Mall, C208

St. Louis, MO 63104

Exhibit Rules and Regulations

ACCME Guidelines

No materials promoting the goods and/or services of a commercial entity shall be displayed or distributed in the same room immediately before, during or after an educational activity that is accredited.

Representatives of commercial companies may attend an educational activity but may not engage in sales activities while in the room where the educational activity takes place.

Saint Louis University School of Medicine

We will not share participant names and information in respect of participant privacy. If you wish to have participant information, you may have a sign-in at your table to gather names and contact information.

Form
(Rev. March 2024)
Department of the Treasury
Internal Revenue Service

W-9

Request for Taxpayer
Identification Number and Certification

Go to www.irs.gov/FormW9 for instructions and the latest information.

Give form to the
requester. Do not
send to the IRS.

Before you begin. For guidance related to the purpose of Form W-9, see *Purpose of Form*, below.

Print or type.
See Specific Instructions on page 3.

1 Name of entity/individual. An entry is required. (For a sole proprietor or disregarded entity, enter the owner's name on line 1, and enter the business/disregarded entity's name on line 2.)
St. Louis University

2 Business name/disregarded entity name, if different from above.

3a Check the appropriate box for federal tax classification of the entity/individual whose name is entered on line 1. Check only **one** of the following seven boxes.

☐ Individual/sole proprietor ☐ C corporation ☐ S corporation ☐ Partnership ☐ Trust/estate

☐ LLC. Enter the tax classification (C = C corporation, S = S corporation, P = Partnership) _____
Note: Check the "LLC" box above and, in the entry space, enter the appropriate code (C, S, or P) for the tax classification of the LLC, unless it is a disregarded entity. A disregarded entity should instead check the appropriate box for the tax classification of its owner.

☒ Other (see instructions) **501 (c)(3)**

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):
Exempt payee code (if any) **1**
Exemption from Foreign Account Tax Compliance Act (FATCA) reporting code (if any) **A**
(Applies to accounts maintained outside the United States.)

3b If on line 3a you checked "Partnership" or "Trust/estate," or checked "LLC" and entered "P" as its tax classification, and you are providing this form to a partnership, trust, or estate in which you have an ownership interest, check this box if you have any foreign partners, owners, or beneficiaries. See instructions ☐

5 Address (number, street, and apt. or suite no.). See instructions.
3545 Lindell Blvd, 3rd Floor

6 City, state, and ZIP code
St. Louis, MO 63103

7 List account number(s) here (optional)

Requester's name and address (optional)

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.
Note: If the account is in more than one name, see the instructions for line 1. See also *What Name and Number To Give the Requester* for guidelines on whose number to enter.

Social security number
- - - - -
or
Employer identification number
4 3 - 0 6 5 4 8 7 2

Part II Certification

Under penalties of perjury, I certify that:
1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
2. I am not subject to backup withholding because (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
3. I am a U.S. citizen or other U.S. person (defined below); and
4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.
Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and, generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here
Signature of U.S. person
Date
Jan 7, 2026 | 9:03:04 CST

DocuSigned by:
7C96148CA5C549E...

General Instructions
Section references are to the Internal Revenue Code unless otherwise noted.
Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to www.irs.gov/FormW9.
What's New
Line 3a has been modified to clarify how a disregarded entity completes this line. An LLC that is a disregarded entity should check the appropriate box for the tax classification of its owner. Otherwise, it should check the "LLC" box and enter its appropriate tax classification.

Purpose of Form
An individual or entity (Form W-9 requester) who is required to file an information return with the IRS is giving you this form because they

Cat. No. 10231X

Form **W-9** (Rev. 3-2024)

The 2026 SLU Healthy Aging Conference
Learning Resource Center
Saint Louis University



Conference Theme: “*The Road to Longevity: Strategies to Thrive in Later Life Years*”

Although our medical and healthcare system focuses on biomedical and problem-focused areas, professionals and community members also value solutions and effective approaches into living longer. This year’s conference will take a strength-based perspective into how older adults thrive in later life stages. The theme will showcase several talks that will provide information on healthy mental stimulation, socialization, eating habits, lifestyle, and other health factors. The conference will also have several intensive trainings on day two.

June 5th and 6th, 2025

Day 1: 8:00am-4:00pm (central time)

Day 2: 8:00am-4:00pm (central time)- Trainings vary by time

This will be a hybrid event (with a virtual option)

DAY ONE: June 5th

Morning session: Emerging Topics in the Field (8:00am-12:00pm)

7:45-8:15: Check in and Breakfast

Speaker	Topic	Time
Keynote Speaker: Soo Borsen, MD, University of Southern California	Breaking Down Silos for the Treatment of Dementia	8:15-9:30
Ron Daugherty, Founder and CEO of Daugherty Enterprises Foundation	Care Meets Innovation: How AI Avatars Strengthen Everyday Practi	9:30-10:15
George Grossberg, MD Saint Louis University	How to Delay/Decrease Risk of Dementia- Recent Scientific Evidence	10:30-11:15
Super Aging panel	Community Panel: “The super-agers”	11:15-12:00

Lunch Hour, Vendors, and Poster Session: (12:00pm-1:00pm)

The hallway of the Learning Resource Center will be the location of the poster session. Lunch will be offered in the hallway area. Vendors will also have their information for visitors to stop by at this time.

Reviewers of Posters: Shelly Dalton, Andrea Vaughan, and Lina Toledo-Franco

Afternoon Session Tracks

Clinical Track (Rooms 112/113)

(diabetes, co-occurring, opioid, dementia, BH, 4Ms, AFHS)

Speaker	Topic	Time
Sanford and Elliott	AFHS in the Nursing Home	1-2
Gibson	Behavioral Health Issues in Adults with Cognitive Issues	2-3
Hung	LTC Talk (ombudsman, NHC, TBD)	3-4

Research Track (Rooms 110/111)

Speaker	Topic	Time
Grysman	Updates in Dementia Research	1-2
Cigliana	The GUIDE Model	2-3
Wallace	Thriving in the stages of palliative and hospice care	3-4

Innovations Track (Rooms 105 A/B)

Speaker	Topic	Time
Moderator: Max Zubatsky Panelists: Jafar Ohiokpehai, Julia Henderson-Kalb and Lauren Lanfried	The Live Family Interview	1-2
Linda Prilaux and Barth Holohan	The Home Design for Aging in Place	2-3
Susan Elliott	Increasing the Workforce of Nurses	3-4

DAY 2 TRAININGS

Falls Prevention 101 Training



**SAINT LOUIS
UNIVERSITY**

Sponsored by the SLU Family Center for Healthy Aging

Saint Louis University- Learning Resource Center



Facilitators: Debbie Blessing and Jill Fitzgerald

Saturday, June 7th from 8:00am-12:00pm

Hybrid Event (in-person and Zoom)

This training will help professionals learn about the basics of fall risk, mobility, and safety issues for taking care of older adults in the home. A combination of interactive content, discussion and role play will help audience members learn tips on working with patients and/or loved ones around this issue.

Debbie is the Executive Director for the Northeast Missouri Area Agency on Aging. She oversees 16 counties in northeast Missouri around older adult health, policy, and caregiving issues. Debbie held a prior position as the Geriatric Workforce Enhancement Program coordinator at A.T. Still University

Jill is an Associate Professor in Physical Therapy and Athletic Training at SLU. She works with clinical education, geriatrics, and wellness topics with patients. She also leads the PT student supervision for the SLU Geriatrics Mobile Van Unity.

Agenda

8:00-9:00

Overview of falls and risks for older adults

9:00-10:30

**An introduction to techniques and skills to help improve mobility
for older adults**

10:30-10:45:

Break

10:45-12:00

**Case reviews and group discussion about addressing complex
situations for falls and mobility**

Loneliness and Social Isolation Intensive

(1:00pm-5:00pm)

Speaker	Topic	Time
Marla Berg-Weger	Background on Loneliness and Isolation	1:00-2:30pm
Max Zubatsky	Introduction to Circle of Friends and other Interventions	2:45-4:00pm
Panel: Community Members	Feedback on how community is working with loneliness	4:00-5:00pm



COGNITIVE STIMULATION THERAPY PRACTITIONER CERTIFICATION TRAINING AGENDA and REGISTRATION INFORMATION



Friday, June 6th, 2026

Conference Location: Hybrid Format

Morning Session

8:00 AM – 8:15 AM	Welcome and Introductions
8:15 AM- 8:45 AM	Introduction to Dementia <i>Angela Sanford, MD: Dr. Sanford will provide an overview of dementias and current assessment and treatment options.</i>
8:45 AM – 9:30 AM	CST Historical Perspective, Development, and Evidence <i>Janice Lundy will introduce different perspectives of dementia, followed by an introduction of CST interventions and discussion of the evidence that supports the implementation of this non-pharmacologic intervention.</i>
9:30 AM – 10:15 AM	CST Key Features and Guiding Principles <i>Andrea Vaughan will provide an overview of the key features and guiding principles of individual and group CST.</i>
10:15 AM –10:30 AM	Break
10:30 AM – 11:15 AM	Implementation of Group CST Intervention and Why CST Works. <i>We will introduce the CST group structure, 14 session themes and you will be provided a review of the evidence behind CST effectiveness</i>

11:15 AM – 11:45am	CST in Action <i>Deb Hayden and Janice Lundy will present a short video of “CST in Action.” The audience will be asked to provide feedback on the CST session</i>
11:45 AM – 12:00 PM	Q&A from Audience/Experiences from Facilitators <i>The Facilitators will field questions from the audience and also share their experiences of CST group sessions (what works and what’s challenging)</i>
12:00 PM- 1:00 PM	Lunch

Afternoon Session

1:00pm-2:00pm	Skills practice <i>Deb Hayden and Janice Lundy will lead a discussion and practice of skills and session activities with a CST group</i>
2:00pm-2:30pm	Group Development/Assessment and Maintenance CST (mCST) <i>Janice Lundy will talk about the maturation of groups and how to continue CST into the maintenance phase.</i>
2:30 PM– 2:45pm	Break
2:45-3:15pm	Group Dynamics-Cultural Dynamics-Virtual CST <i>Andrea Vaughan will cover the dynamics in CST groups and the cultural considerations for facilitators.</i>
3:15-3:45pm	Physical Movement with CST, Billing for Services <i>Janice Lundy and Deb Hayden talk about physical movement options in the groups and the process of billing for CST.</i>
3:45-4:00 PM	Group Discussion and action plan/ Wrap Up

Other Conference Details

Location

The SLU Learning Resource Center (Auditoriums A & B)

Saint Louis University Medical Campus

1402 S Grand Blvd, St. Louis, MO 63104

Nearby Hotels

Angad Arts Hotel

(0.2 miles from campus)
3550 Samuel Shepard Dr, St. Louis, MO 63103
314-561-0033

Aloft St. Louis Cortex

(1.08 miles from campus)
4245 Duncan Ave, St. Louis, MO 63110
314-639-0050

Element

(0.6 miles from campus)
3763 Forest Park Blvd, St. Louis, MO 63103
314-639-0060

Holiday Inn Express St. Louis - Central West End

(1.3 miles from campus)
4630 Lindell Blvd, St. Louis, MO 63108
314-361-4900

Courtyard by Marriott St. Louis-Downtown-West

(1.5 miles from campus)
2340 Market Street at Jefferson, St. Louis, MO 63103
314-241-9111

Drury Inn at Union Station

(1.6 miles from campus)
201 S. 20th St., St. Louis, MO 63103
314-231-3900

Parking

The easiest parking for the event is in the Hickory A and B parking lots, located off of Chouteau avenue on the SLU medical campus. Lots will be open during this time to park. Participants will see a sign to the Learning Resource Center, with a volunteer in the parking lot to help usher attendees to the event.

Breakfast and Lunch

Breakfast will be offered 30 minutes before both days of the conference start time in the morning. Light snacks will also be offered in the hallway.

Lunch boxes will be available (for free) to attendees, starting at 12:00pm on both days. There's outside seating near the building for those who want to leave the building to eat.